



MARIKO WISEBERG ROBERTS, LCPC

CHICAGO – EVANSTON

Mariko Wiseberg Roberts is a Licensed Clinical Professional Counselor with experience in providing therapy to adults, adolescents, families, and couples since 2002. She incorporates a variety of techniques including client centered, cognitive behavioral, psychodynamic and systemic approaches in her work with clients. By valuing collaboration in therapy, her goal is to empower clients to build upon their strengths and learn new tools to enable growth. Mariko has experience working with mood and anxiety disorders, trauma, grief and loss, relationship issues, life cycle transitions, and self-esteem issues. She has an background in community mental health and private practice. Mariko received her Masters Degree in Clinical Psychology from the Illinois School of Professional Psychology. She also provides clinical supervision to interns and therapists.

AREAS OF INTEREST

Anxiety, Bipolar Disorder, CBT, Cross-Cultural Issues, Depression, Divorce, Family, Family of Origin, Gender Identity Development, Gender Nonconforming, Grief and Loss, Infertility/Reproductivity, LGBTQ+, Occupational Issues, Premarital Issues, Pre/Post-Natal Issues, PTSD/Trauma, Relationships, Self-Esteem, Singles' Issues, Social Anxiety, Stress Management, Transgender Support, Women's Issues